

संदीप प्रधान, भा.रा.से.
महानिदेशक
Sandip Pradhan, I.R.S.
Director General



D.O. No. 20-3/SAI/Fit India/2022

22nd August, 2022

Dear Madam,

The National Sports Day is celebrated every year on 29th August to mark the tradition of Indian Sports and as a tribute to Hockey legend Major Dhyan Chand. Also, Fit India Mission was launched on the National Sports Day in 2019 by Hon'ble Prime Minister. Fitness and Sports are the inter-connected strands, and Sports accentuates fitness. In recent years, we have witnessed the evolution of Sports & Fitness culture in India.

2. It is with this background that it is proposed to celebrate this year's National Sports Day through pan-India sports events. Sports Authority of India proposes to commemorate National Sports Day, 2022 with the theme of Sports as an enabler for an inclusive and fit society. This is to be marked by means of sporting events organized at different levels, including both professional as well as recreational events among people of different age group, and of all walks of life.

3. I solicit your support in this initiative with the request to have the celebrations of National Sports Day 2022 by encouraging mass participation amongst the students, their parents and staff of schools affiliated to Kendriya Vidyalaya Sangathan. The S.O.P for celebrating National Sports Day is attached herewith for your kind reference. Ms. Ekta Vishnoi, Mission Director- Fit India (+91 75881 81543) is the Nodal Officer for this purpose.

4. I will be highly grateful for your support in this regard.

With regards,

Yours sincerely,

(Sandip Pradhan)

Ms. Nidhi Pandey, IIS
Commissioner,
Kendriya Vidyalaya Sangathan
Institutional Area, Shaheed Jeet Singh Marg,
New Delhi - 110 016

Encl: as above

SOP for National Sports Day 2022 celebrations-29th August 2022

1. Organize any sporting event like athletics, contemporary sports, indigenous sports, etc. as deemed fit as per age groups on 29th August 2022.
2. Salient features of the event:
 - One-day event.
 - Based on groups format instead of individual players to bring spirit of bonding, unity and inclusiveness.
 - Competition may be based on a team-based point system where every member of team earns points for the teams irrespective of position in competition
 - Acknowledging the local sports icons at the event in the celebrations.
3. Standard format of the event to be:
 - Each school to be divided into two, four or six teams depending on the number of participations maintaining gender equality.
 - Medal tally for each team to be maintained. Highest points team will win Major Dhyan Chand Trophy.
 - Schools are at liberty to choose games for competition from any popular sports of the locality and availability of Infrastructure.
 - Name of teams can be based on freedom fighters or prominent sportspersons of the country.
4. Schools to conduct physical events on 29th August, may get extended till 31st August 2022 as per number of participants (for 75 hours)
5. Encourage participation amongst students, their families, and school staff in the event.
6. **Schools to register their event on Fit India portal (<https://fitindia.gov.in/>) or Fit India Mobile App and upload details of participation, pictures & videos of the event.**
7. Promote National Sports Day on their social media channels with #Sports4Unity and #NationalSportsDay through creatives, videos, write-ups, pictures of the events.
8. Adequate publicity for the program through social media, TV/Newspaper, etc.